

LOBURN 68 Road Relay

THE WAIMAK 8 PERSON – LAP 8 Information

DISTANCE: 6.7K

DESCRIPTION

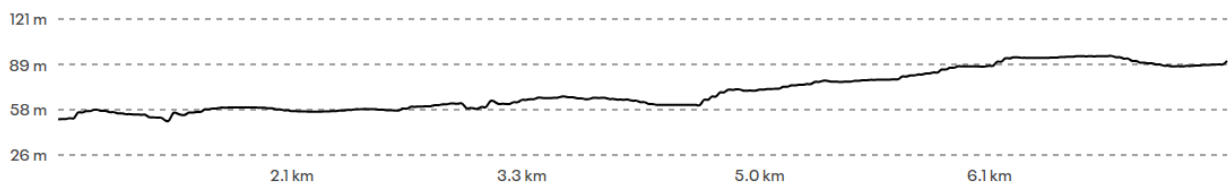
Smooth tarseal surface with moderate to wide verges. Gentle turns. No significant climbs or descents. There may be runners in both directions on Dixons Rd. One bridge to cross so no verge on the bridge. Final 400m is on grass field. The same as Lap 6 of the Rakahuri 6 person course.

DIFFICULTY

Easy. Total climb is 50m. Gentle undulating climb. See elevation profile of lap below.

Elevation

Start 52 m Max 96 m Gain 52 m



DIRECTIONS

Start on **right hand side** of Dixons Rd running west. Run down Dixons Rd past Boundary Rd.

Turn left onto Cones Rd (at 2k) staying on right hand side of road. Shortly after, turn right onto Dixons Rd (continuation).

Run over Makerikeri River bridge (4.5k) and veer right into Loburn Whiterock Rd.

Run along Loburn Whiterock Rd on the right-hand side to turning right into Loburn Domain (6.2k) and veering right, run around Loburn Domain on the field to finish. See map of lap here.

