

LOBURN 68 Road Relay

THE RAKAHURI 6 PERSON – LAP 5 Information

DISTANCE: 8.35K

DESCRIPTION

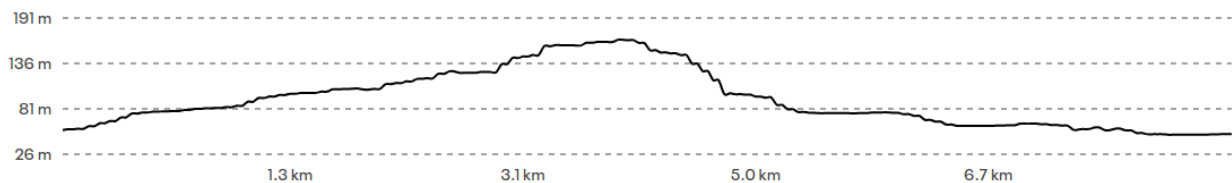
First 4.45k on shingle road with moderate undulating uphill over first 3k. Final climb is steep though short followed by short flat section and then steep descent (be careful). Shingle surface is uneven with some potholes and requires concentration. Soon after steep descent, the surface is tarseal and the rest of the lap is smooth with gentle descent.

DIFFICULTY

Challenging. Total climb of 110m with similar descent over the course. Some climbs and descent are steep to very steep (though short). Care required on shingle section. See elevation profile of lap here.

Elevation

Start	Max	Gain
57 m	166 m	112 m



DIRECTIONS

Start on Boundary Rd (shingle surface). Run on **right side of road** for the rest of the lap.

Run past Gorries Rd (1.9k) moving westwards up Boundary Rd.

Veer right (north) up Boundary Rd past Mowatts Rd (3k) entering Forestry Rd

Run down Forestry Rd past Gorries Rd/Barron Ave (4.5k). Change to tarseal surface.

Turn right onto Marshmans Rd (6.7k)

Stay on right hand side of Marshmans Rd past Downs Rd (8k) and shortly after turn right onto Dixons Rd for lap change on the right. See map of lap here.

