

LOBURN 68 Road Relay

THE RAKAHURI PERSON – LAP 3 Information

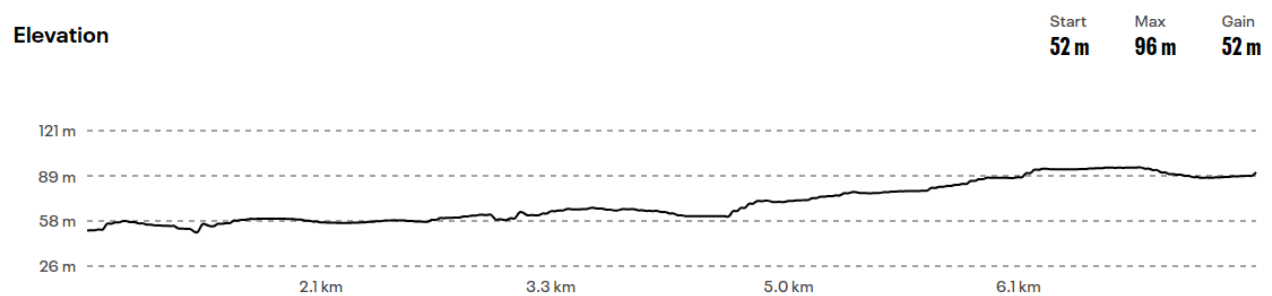
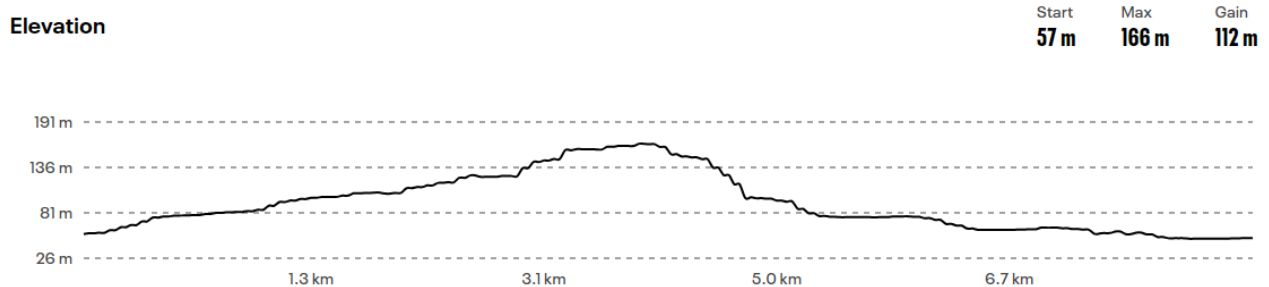
DISTANCE: 15.1K (combined laps 5 & 6 of Rakahuri 6)

DESCRIPTION

First 4.45k on shingle road with moderate undulating uphill over first 3k. Final climb is steep though short followed by short flat section and then steep descent (be careful). Shingle surface is uneven with some potholes and requires concentration. Soon after steep descent, the surface is tarseal and smooth with gentle descent with moderate to wide verges. Gentle turns. There may be runners in both directions on Dixons Rd. The last 3k includes some gentle climbs. One bridge to cross so no verge on the bridge. Final 400m is on grass field.

DIFFICULTY

Challenging. Total climb of 160m with similar descent over the course. Some climbs and descent are steep to very steep (though short). Care required on shingle section. See elevation profile of lap here.



DIRECTIONS

Start on Boundary Rd (shingle surface). Run on **right side of road** for the rest of the lap.

Run past Gorries Rd (1.9k) moving westwards up Boundary Rd.

Veer right (north) up Boundary Rd past Mowatts Rd (3k) entering Forestry Rd

Run down Forestry Rd past Gorries Rd/Barron Ave (4.5k). Change to tarseal surface.

Turn right onto Marshmans Rd (6.7k)

Stay on right hand side of Marshmans Rd past Downs Rd (8k) and shortly after turn right onto Dixons Rd running west. Run down Dixons Rd past Boundary Rd.

Turn left onto Cones Rd (at 2k) staying on right hand side of road. Shortly after, turn right onto Dixons Rd (continuation).

Run over Makerikeri River bridge (11.2k) and veer right into Loburn Whiterock Rd.

Run along Loburn Whiterock Rd on the right-hand side to turning right into Loburn Domain (14.6k) and veering right, run around Loburn Domain on the field to **finish**. See map of lap here.

